

NEWSLETTER

Adelaide Adult ADHD is a community and a voice for adults with ADHD.

AUGUST 2023

INFORMATION AND SERVICES
IDEAS AND INSPIRATION
COMMUNITY

REGULAR UPDATES

WHERE YOUR COMMUNITY IS
WHO YOUR COMMUNITY IS
YOUR LIFE, YOUR VOICE

GET INVOLVED

WHO WE ARE



PARLIAMENTARY INQUIRY INTO ADHD

Submissions for a **parliamentary inquiry** into the diagnosis and treatment of ADHD closed on June 9. The inquiry's terms of reference included:

- the social and economic costs of ADHD
- accessibility of ADHD assessments and diagnoses
- availability, training and attitudes of practitioners
- gender and age bias in ADHD assessment, support and research
- · accessibility and cost of ADHD medication including the role of the NDIS
- local, state and federal government approaches to ADHD
- federal funding for ADHD research.

The committee received submissions from 53 organisations and 43 individuals with a further 41 anonymous submissions. It held 2 public hearings - one in Canberra in June 2023 and one in Perth in July 2023.

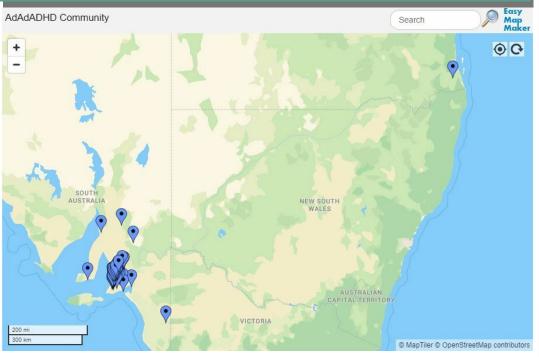
Submissions included many heart-wrenching, and heart-wrenchingly familiar, stories from the lived experience of adult ADHD - you can read these **here**.

Submissions from organisations included statements such as "[ADHD] is not just an illness that needs medications. We need to be able to manage people's wellbeing, help them regulate, help them manage their underlying anxiety. There's a very strong relationship between ADHD and ongoing mental health disorders."

The committee is due to publish its report on September 27.

WHERE YOUR ADULT ADHD COMMUNITY IS

Last updated 26/07/23. Responses included:118



Help us, and help others, understand you and your community.

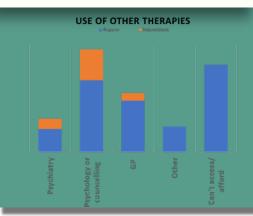
Learning about the people who make up this community can help reduce feelings of isolation, and build a voice for support for adults with ADHD.



Be part of the picture (completely anonymously)

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YOUR LIFE, YOUR VOICE

Tell us about your lived experiences of adult ADHD

Do you have a **story to tell**? A **tip to share**? We're always listening, learning and looking to understand.

