



Adelaide Adult ADHD

# NEWSLETTER

Adelaide Adult ADHD is a community and a voice for adults with ADHD.

NOVEMBER 2023

INFORMATION AND SERVICES  
IDEAS AND INSPIRATION  
COMMUNITY

REGULAR UPDATES

WHERE YOUR COMMUNITY IS  
WHO YOUR COMMUNITY IS  
YOUR LIFE, YOUR VOICE

GET INVOLVED

WHO WE ARE



## TELEHEALTH SERVICES FOR ADULTS WITH ADHD

Telehealth (medical consultation via phone or video) has been subsidised by the Australian Government through the Medical Benefits Scheme (MBS) since 2002, but was restricted to patients in eligible areas, patients of Aboriginal Community Controlled Health Organisations and patients in residential aged care.

Telehealth subsidies were temporarily expanded during the COVID-19 pandemic to include more types patients and patient needs and most of these changes were made permanent on 1 January 2022. The Australian Government is currently **reviewing telehealth services** to check that the quality of care being provided matches that provided by face-to-face services.

The review committee released its draft report in September 2023 which is now available for comment and feedback. The report makes 10 recommendations, which you can read **here**, however, recommendation 9 relates directly to the experiences of adults with ADHD seeking services (especially diagnosis) from psychiatrists:

***Recommendation 9: for initial consultations, non-GP specialist MBS items should be made available only face-to-face, with subsequent consultations available through telephone or video at the clinician's discretion.***

This means that adults seeking an ADHD diagnosis **from a psychiatrist they had not previously worked with** would have to attend a face-to-face appointment.

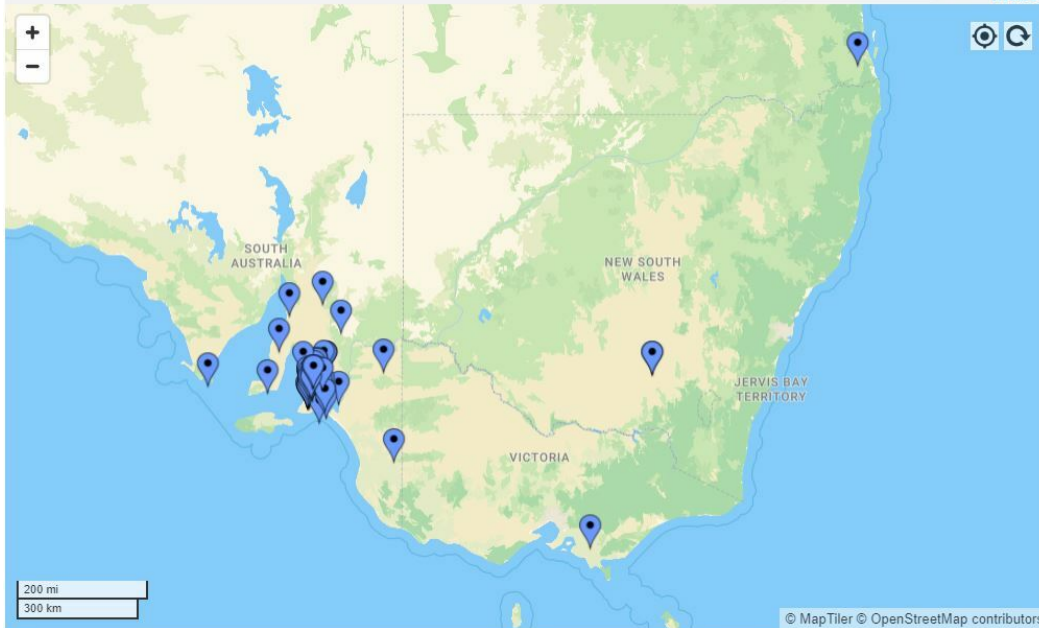
Some members of this community have had excellent experiences of telehealth with psychiatrists and other clinicians. Others have found telehealth disappointing and ineffective. If you would like to contribute your experiences to the telehealth review committee you can submit your feedback to **MBSContinuousReview@health.gov.au** by 11:59pm on Monday 6 November 2023.

# WHERE YOUR ADULT ADHD COMMUNITY IS

Last updated 24/10/23. Responses included: 141

AdAdADHD Community

Search



**Help us, and help others, understand you and your community.**

Learning about the people who make up this community can help reduce feelings of isolation, and build a voice for support for adults with ADHD.

[More about your community](#)

[Be part of the picture \(completely anonymously\)](#)

## WHO YOUR ADULT ADHD COMMUNITY IS

*Thank you to one of our members who bravely shared her story with us this month.*

I am a mother of an adult son with ADHD. He was diagnosed in the 90s and prescribed Ritalin, the effects were horrendous escalation in behaviours and dramatic loss of weight...now 20 years later my son is...financially in a crisis, homeless and lacking the will to live...The saddest side of ADHD to me is that people don't believe, they are labelled lazy, I know how hard my son tries each day.

[Full story here](#)

## YOUR LIFE, YOUR VOICE

*Tell us about your lived experiences of adult ADHD*

Do you have a **story to tell**? A **tip to share**? We're always listening, learning and looking to understand.

[Stories](#)