



Adelaide Adult ADHD

# NEWSLETTER

*Adelaide Adult ADHD is a community and a voice for adults with ADHD.*

SEPTEMBER 2023

INFORMATION AND SERVICES  
IDEAS AND INSPIRATION  
COMMUNITY

REGULAR UPDATES

WHERE YOUR COMMUNITY IS  
WHO YOUR COMMUNITY IS  
YOUR LIFE, YOUR VOICE

GET INVOLVED

WHO WE ARE



## SOUTH AUSTRALIAN MENTAL HEALTH COMMISSIONER

South Australia has appointed its first full-time mental health commissioner since 2019.

Taimi Allan will begin her role as commissioner in October, advising the Health Minister and assisting the government in responding to issues with the state's mental health services. Her appointment follows the release of the Unmet Needs Study earlier this year, which detailed how psychosocial support services in South Australia are underfunded by \$125 million, leaving 19,000 people without the assistance they require.

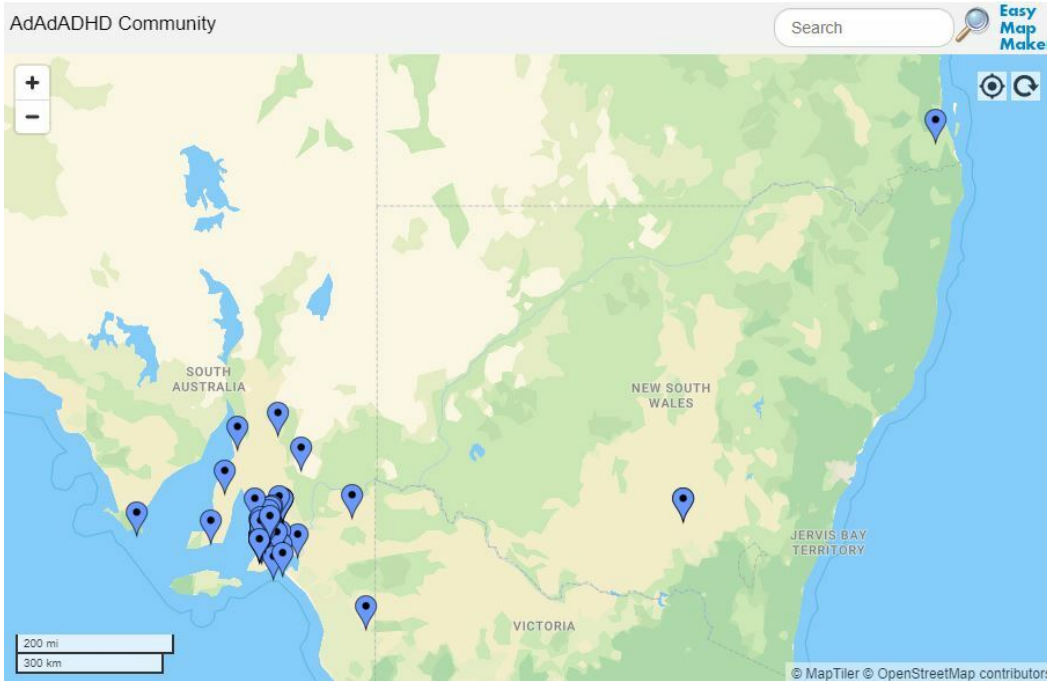
Since January 2020 the SA Mental Health Commission has been led by 3 part-time commissioners with no clear roles or resources, a model which proved ineffective in creating positive impact for the mental health and wellbeing of South Australians.

One of Ms Allan's roles will be supporting the implementation of the South Australian Mental Health Services Plan 202-2025 which was developed by the commission and the SA Office of the Chief Psychiatrist. Ms Allan is originally from South Australia but has extensive experience in mental health care in New Zealand including as a member of the NZ Mental Health and Wellbeing Commission and as mental health advisor to the Aotearoa Royal Commission on Abuse in State Care.

The South Australian Mental Health Commissioners website is currently offline while it is updated, but you can follow them on Facebook here.

# WHERE YOUR ADULT ADHD COMMUNITY IS

Last updated 04/09/23. Responses included:128



Help us, and help others, understand you and your community.

Learning about the people who make up this community can help reduce feelings of isolation, and build a voice for support for adults with ADHD.



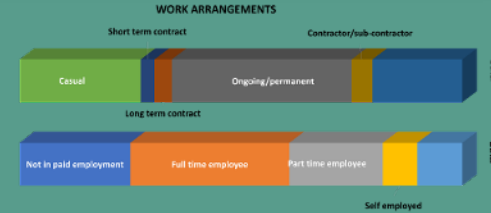
More about your community



Be part of the picture *(completely anonymously)*

## WHO YOUR ADULT ADHD COMMUNITY IS

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## YOUR LIFE, YOUR VOICE

Tell us about your lived experiences of adult ADHD

Do you have a **story to tell**? A **tip to share**? We're always listening, learning and looking to understand.



Stories