



Adelaide Adult ADHD

NEWSLETTER

Adelaide Adult ADHD is a community and a voice for adults with ADHD.

MARCH 2024

INFORMATION AND SERVICES
NEW ON THE WEBSITE
COMMUNITY

REGULAR UPDATES

WHERE YOUR COMMUNITY IS
FEATURED NEWS STORY
YOUR LIFE, YOUR VOICE

GET INVOLVED

WHO WE ARE



DE-STIGMATISING MENTAL HEALTH REPORTING

Despite recent advances in awareness and understanding, stigmatising attitudes towards people with mental illness are highly prevalent in Australia and often reinforced by the media.

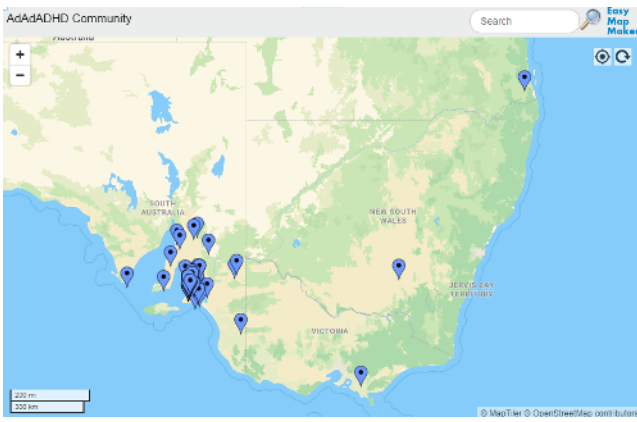
StigmaWatch is a program established by **SANE** in 1997 to promote responsible reporting of mental health and suicide in the Australian media. It monitors and responds to reports of inaccurate or inappropriate stigmatising media portrayal of mental health and suicide.

In line with the **Australian Press Council reporting guidelines**, StigmaWatch works with media professionals across the country to provide constructive feedback and advice on how to responsibly report stories about mental health and suicide.

If you find media coverage that stigmatises mental health or irresponsibly reports suicide, you can report the item to StigmaWatch on their website. Anyone can report a media item to StigmaWatch. You can also identify positive media stories about mental health and suicide, which can reduce potential harm and enhance community understanding of the issues, and Stigma Watch will work to share these stories further.

WHERE YOUR ADULT ADHD COMMUNITY IS

Last updated 28/03/24
Responses included: 180



Help us, and help others, understand you and your community.

Learning about the people who make up this community can help reduce feelings of isolation, and build a voice for support for adults with ADHD.

[Learn more about your community](#)

[Be part of the picture \(completely anonymously\)](#)

NEW ON THE ADELAIDE ADULT ADHD WEBSITE

TRACKING THE AVAILABILITY OF VYVANCE ACROSS ADELAIDE PHARMACIES

Vyvance (lisdexamfetamine) has been in short supply recently due to manufacturing issues. A wonderful member of the Adelaide Adult ADHD community has created a tracking tool to help identify pharmacies where Vyvance is available.



QR code link to tool

[Our website](#)

FEATURED NEWS

EXPLORING VIRTUAL REALITY-BASED ASSESSMENT OF ADHD IN ADULTS

A German research group has explored the use of virtual reality tools to identify and characterise ADHD in adults. While acknowledging that the model is in its earliest stage of investigation, results suggest that it may be feasible to apply virtual reality to assess attention, impulsivity and hyperactivity using a common neuropsychological test called a continuous performance task (CPT).

[Full story here](#)

YOUR LIFE, YOUR VOICE

Tell us about your lived experiences of adult ADHD

Do you have a **story to tell**? A **tip to share**? We're always listening, learning and looking to understand.

[Stories](#)