

Adelaide Adult ADHD

January 2025 Info Drop

Adelaide Adult ADHD is a community

and a voice for adults with ADHD.

Dear all,

Adelaide Fringe is an annual arts festival that celebrates diversity and encourages a social cohesion through cultural exchange, bringing people together and providing a platform for artists to share their unique perspectives.



Held over four weeks during February and March each year, Adelaide Fringe is an open access festival that welcomes anyone with an event to participate.

Adelaide Adult ADHD is delighted to let you know about some shows at Fringe 2025 that are by, about and for people for whom ADHD is a thing.

CREATIVE JUICES

INTERACTIVE



MAYBE HE'S BORN WITH IT, MAYBE IT'S ADHD

COMEDY



CAN'T BE FRANKED - FRANKIE MARCOS

COMEDY



I THINK IM' DYING (BUT I DON'T WANT TO GO TO THE DOCTOR)

THEATRE & PHYSICAL THEATRE



STRAIGHT OUTTA CHURCH

COMEDY



LATE TO THE PARTY; THE ADHD HOUR

CABARET



MY BODY, MY CHOICE

COMEDY



ATTENTION DEFICIT RAP DISORDER

COMEDY



LENA MOON - RUBE GOLDBERG MACHINE

COMEDY





- INFORMATION AND SERVICES
- COMMUNITY
- WHO WE ARE

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Adelaide Adult ADHD Support